

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |                  |                                   |                  |
|------------------------------------|------------------|-----------------------------------|------------------|
| Thursday, January 23, 2025         | Session: 01      | Open Warmup 8:00 AM               | March In 8:20 AM |
| Session 1                          | # Gymnasts 66    | Timed Warmup                      | Awards           |
| _____ Flight A (66 gymnasts) _____ |                  | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level # Gymnasts | Gym                               | Level # Gymnasts |

|                  |    |    |
|------------------|----|----|
| Apex             | 2  | 3  |
| Chelsea Piers    | 2  | 4  |
| Chelsea Piers    | XB | 10 |
| GMGC Centereach  | 2  | 9  |
| GMGC Huntington  | 2  | 7  |
| GMGC Rocky Point | 2  | 2  |
| GMGC Smithtown   | 2  | 3  |
| Gotham           | 2  | 12 |
| Kratos Gym       | XB | 5  |
| Mrs. J           | XB | 11 |

|                                    |                  |                                   |                   |
|------------------------------------|------------------|-----------------------------------|-------------------|
| Thursday, January 23, 2025         | Session: 02      | Open Warmup 10:40 AM              | March In 11:00 AM |
| Session 2                          | # Gymnasts 52    | Timed Warmup                      | Awards            |
| _____ Flight A (52 gymnasts) _____ |                  | _____ Flight B (0 gymnasts) _____ |                   |
| Gym                                | Level # Gymnasts | Gym                               | Level # Gymnasts  |

|               |    |    |
|---------------|----|----|
| ABC           | XD | 6  |
| ABC           | XG | 8  |
| Chelsea Piers | XD | 3  |
| Chelsea Piers | XG | 17 |
| Kratos Gym    | XG | 4  |
| M And G       | XG | 3  |
| Mrs. J        | XG | 4  |
| New Era       | XD | 2  |
| New Era       | XG | 5  |

|                                    |                  |                                   |                  |
|------------------------------------|------------------|-----------------------------------|------------------|
| Thursday, January 23, 2025         | Session: 03      | Open Warmup 1:40 PM               | March In 2:00 PM |
| Session 3                          | # Gymnasts 60    | Timed Warmup                      | Awards           |
| _____ Flight A (60 gymnasts) _____ |                  | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level # Gymnasts | Gym                               | Level # Gymnasts |

|                  |   |    |
|------------------|---|----|
| ABC              | 3 | 12 |
| Apex             | 3 | 7  |
| Chelsea Piers    | 3 | 7  |
| GMGC Huntington  | 3 | 4  |
| GMGC Rocky Point | 3 | 2  |
| Gotham           | 3 | 12 |
| JAG              | 3 | 15 |
| Kratos Gym       | 3 | 1  |

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Thursday, January 23, 2025         |       |            | Session: 04   | Open Warmup 4:40 PM               | March In 5:00 PM |
| Session 4                          |       |            | # Gymnasts 56 | Timed Warmup                      | Awards           |
| _____ Flight A (56 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |
| ABC                                | XS    | 9          |               |                                   |                  |
| Chelsea Piers                      | XP    | 5          |               |                                   |                  |
| Chelsea Piers                      | XS    | 12         |               |                                   |                  |
| Kratos Gym                         | XP    | 1          |               |                                   |                  |
| Kratos Gym                         | XS    | 6          |               |                                   |                  |
| M And G                            | XS    | 1          |               |                                   |                  |
| Mrs. J                             | XS    | 17         |               |                                   |                  |
| New Era                            | XP    | 5          |               |                                   |                  |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Thursday, January 23, 2025         |       |            | Session: 05   | Open Warmup 7:25 PM               | March In 7:45 PM |
| Session 5                          |       |            | # Gymnasts 68 | Timed Warmup                      | Awards           |
| _____ Flight A (68 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |
| ABC                                | 4     | 9          |               |                                   |                  |
| Apex                               | 4     | 7          |               |                                   |                  |
| Chelsea Piers                      | 4     | 10         |               |                                   |                  |
| Elite Gymnastics                   | 4     | 6          |               |                                   |                  |
| GMGC Centereach                    | 4     | 4          |               |                                   |                  |
| GMGC Huntington                    | 4     | 5          |               |                                   |                  |
| GMGC Levittown                     | 4     | 6          |               |                                   |                  |
| GMGC Rocky Point                   | 4     | 4          |               |                                   |                  |
| Gotham                             | 4     | 7          |               |                                   |                  |
| JAG                                | 4     | 7          |               |                                   |                  |
| Kratos Gym                         | 4     | 1          |               |                                   |                  |
| M And G                            | 4     | 2          |               |                                   |                  |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Friday, January 24, 2025           |       |            | Session: 06   | Open Warmup 8:00 AM               | March In 8:20 AM |
| Session 6                          |       |            | # Gymnasts 37 | Timed Warmup                      | Awards           |
| _____ Flight A (37 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |
| ABC                                | 6     | 2          |               |                                   |                  |
| Chelsea Piers                      | 6     | 6          |               |                                   |                  |
| Dynamic                            | 6     | 4          |               |                                   |                  |
| Elite Gymnastics                   | 6     | 2          |               |                                   |                  |
| GMGC Centereach                    | 6     | 5          |               |                                   |                  |
| GMGC Huntington                    | 6     | 6          |               |                                   |                  |
| GMGC Rocky Point                   | 6     | 2          |               |                                   |                  |
| JAG                                | 6     | 5          |               |                                   |                  |
| Kratos Gym                         | 6     | 5          |               |                                   |                  |

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |       |            |               |                                   |                   |
|------------------------------------|-------|------------|---------------|-----------------------------------|-------------------|
| Friday, January 24, 2025           |       |            | Session: 07   | Open Warmup 10:40 AM              | March In 11:00 AM |
| Session 7                          |       |            | # Gymnasts 36 | Timed Warmup                      | Awards            |
| _____ Flight A (36 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                   |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts  |
| Aeon                               | 7     | 10         |               |                                   |                   |
| Chelsea Piers                      | 7     | 5          |               |                                   |                   |
| Dynamic                            | 7     | 4          |               |                                   |                   |
| Elite Gymnastics                   | 7     | 1          |               |                                   |                   |
| GMGC Huntington                    | 7     | 4          |               |                                   |                   |
| GMGC Levittown                     | 7     | 3          |               |                                   |                   |
| JAG                                | 7     | 4          |               |                                   |                   |
| M And G                            | 7     | 4          |               |                                   |                   |
| New Era                            | 7     | 1          |               |                                   |                   |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Friday, January 24, 2025           |       |            | Session: 08   | Open Warmup 1:25 PM               | March In 1:45 PM |
| Session 8                          |       |            | # Gymnasts 42 | Timed Warmup                      | Awards           |
| _____ Flight A (42 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |
| ABC                                | 8     | 1          |               |                                   |                  |
| Aeon                               | 8     | 8          |               |                                   |                  |
| Chelsea Piers                      | 8     | 10         |               |                                   |                  |
| Dynamic                            | 8     | 10         |               |                                   |                  |
| Elite Gymnastics                   | 8     | 3          |               |                                   |                  |
| GMGC Huntington                    | 8     | 2          |               |                                   |                  |
| GMGC Rocky Point                   | 8     | 2          |               |                                   |                  |
| JAG                                | 8     | 5          |               |                                   |                  |
| Kratos Gym                         | 8     | 1          |               |                                   |                  |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Friday, January 24, 2025           |       |            | Session: 09   | Open Warmup 4:25 PM               | March In 4:45 PM |
| Session 9                          |       |            | # Gymnasts 43 | Timed Warmup                      | Awards           |
| _____ Flight A (43 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |
| Aeon                               | 10    | 7          |               |                                   |                  |
| Aeon                               | 9     | 2          |               |                                   |                  |
| Chelsea Piers                      | 9     | 5          |               |                                   |                  |
| Dynamic                            | 9     | 3          |               |                                   |                  |
| Elite Gymnastics                   | 9     | 1          |               |                                   |                  |
| GMGC Centereach                    | 10    | 1          |               |                                   |                  |
| GMGC Centereach                    | 9     | 1          |               |                                   |                  |
| GMGC Huntington                    | 10    | 2          |               |                                   |                  |
| GMGC Huntington                    | 9     | 1          |               |                                   |                  |
| GMGC Levittown                     | 10    | 1          |               |                                   |                  |
| GMGC Levittown                     | 9     | 2          |               |                                   |                  |
| GMGC Rocky Point                   | 10    | 2          |               |                                   |                  |
| GMGC Rocky Point                   | 9     | 2          |               |                                   |                  |
| JAG                                | 10    | 6          |               |                                   |                  |
| JAG                                | 9     | 7          |               |                                   |                  |

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |  |       |               |            |  |                                   |  |       |                  |            |  |
|------------------------------------|--|-------|---------------|------------|--|-----------------------------------|--|-------|------------------|------------|--|
| Saturday, January 25, 2025         |  |       | Session: 10   |            |  | Open Warmup 8:00 AM               |  |       | March In 8:20 AM |            |  |
| Session 10                         |  |       | # Gymnasts 87 |            |  | Timed Warmup                      |  |       | Awards           |            |  |
| _____ Flight A (87 gymnasts) _____ |  |       |               |            |  | _____ Flight B (0 gymnasts) _____ |  |       |                  |            |  |
| Gym                                |  | Level |               | # Gymnasts |  | Gym                               |  | Level |                  | # Gymnasts |  |
| GM GC LE                           |  | C1    |               | 4          |  |                                   |  |       |                  |            |  |
| GM GC RP                           |  | C1    |               | 7          |  |                                   |  |       |                  |            |  |
| Gotham IGC                         |  | C1    |               | 9          |  |                                   |  |       |                  |            |  |
| Gym time                           |  | C1    |               | 23         |  |                                   |  |       |                  |            |  |
| Hills                              |  | C1    |               | 19         |  |                                   |  |       |                  |            |  |
| NYC Elite EAST                     |  | C1    |               | 6          |  |                                   |  |       |                  |            |  |
| NYC Elite TRIBECA                  |  | C1    |               | 8          |  |                                   |  |       |                  |            |  |
| NYC Elite WEST                     |  | C1    |               | 11         |  |                                   |  |       |                  |            |  |

|                                    |  |  |               |  |            |                                   |     |  |                   |       |  |            |  |
|------------------------------------|--|--|---------------|--|------------|-----------------------------------|-----|--|-------------------|-------|--|------------|--|
| Saturday, January 25, 2025         |  |  | Session: 11   |  |            | Open Warmup 11:10 AM              |     |  | March In 11:30 AM |       |  |            |  |
| Session 11                         |  |  | # Gymnasts 68 |  |            | Timed Warmup                      |     |  | Awards            |       |  |            |  |
| _____ Flight A (68 gymnasts) _____ |  |  |               |  |            | _____ Flight B (0 gymnasts) _____ |     |  |                   |       |  |            |  |
| Gym                                |  |  | Level         |  | # Gymnasts |                                   | Gym |  |                   | Level |  | # Gymnasts |  |
| GM GC CE                           |  |  | C2            |  | 8          |                                   |     |  |                   |       |  |            |  |
| GM GC RP                           |  |  | C2            |  | 3          |                                   |     |  |                   |       |  |            |  |
| Gotham IGC                         |  |  | C2            |  | 9          |                                   |     |  |                   |       |  |            |  |
| Gym time                           |  |  | C2            |  | 25         |                                   |     |  |                   |       |  |            |  |
| NYC Elite EAST                     |  |  | C2            |  | 10         |                                   |     |  |                   |       |  |            |  |
| Springers                          |  |  | C2            |  | 13         |                                   |     |  |                   |       |  |            |  |

|                                    |  |       |               |  |                                   |  |                  |            |
|------------------------------------|--|-------|---------------|--|-----------------------------------|--|------------------|------------|
| Saturday, January 25, 2025         |  |       | Session: 12   |  | Open Warmup 1:55 PM               |  | March In 2:15 PM |            |
| Session 12                         |  |       | # Gymnasts 69 |  | Timed Warmup                      |  | Awards           |            |
| _____ Flight A (69 gymnasts) _____ |  |       |               |  | _____ Flight B (0 gymnasts) _____ |  |                  |            |
| Gym                                |  | Level | # Gymnasts    |  | Gym                               |  | Level            | # Gymnasts |
| GM GC GC                           |  | C2    | 7             |  |                                   |  |                  |            |
| GM GC HU                           |  | C2    | 11            |  |                                   |  |                  |            |
| GM GC SM                           |  | C2    | 7             |  |                                   |  |                  |            |
| Julies Gym                         |  | C2    | 10            |  |                                   |  |                  |            |
| NYC Elite TRIBECA                  |  | C2    | 19            |  |                                   |  |                  |            |
| NYC Elite WEST                     |  | C2    | 15            |  |                                   |  |                  |            |

|                                    |       |            |               |  |                                   |       |                  |  |
|------------------------------------|-------|------------|---------------|--|-----------------------------------|-------|------------------|--|
| Saturday, January 25, 2025         |       |            | Session: 13   |  | Open Warmup 4:55 PM               |       | March In 5:15 PM |  |
| Session 13                         |       |            | # Gymnasts 62 |  | Timed Warmup                      |       | Awards           |  |
| _____ Flight A (62 gymnasts) _____ |       |            |               |  | _____ Flight B (0 gymnasts) _____ |       |                  |  |
| Gym                                | Level | # Gymnasts |               |  | Gym                               | Level | # Gymnasts       |  |
| GM GC HU                           | BR    | 9          |               |  |                                   |       |                  |  |
| GM GC LE                           | BR    | 2          |               |  |                                   |       |                  |  |
| GM GC RP                           | BR    | 1          |               |  |                                   |       |                  |  |
| GM GC SM                           | BR    | 6          |               |  |                                   |       |                  |  |
| Hills                              | BR    | 16         |               |  |                                   |       |                  |  |
| Julies Gym                         | BR    | 6          |               |  |                                   |       |                  |  |
| NYC Elite WEST                     | BR    | 22         |               |  |                                   |       |                  |  |

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Saturday, January 25, 2025         |       |            | Session: 14   | Open Warmup 7:25 PM               | March In 7:45 PM |
| Session 14                         |       |            | # Gymnasts 64 | Timed Warmup                      | Awards           |
| _____ Flight A (64 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |

|                   |    |    |
|-------------------|----|----|
| GM GC CE          | BR | 5  |
| GM GC GC          | BR | 5  |
| Gotham IGC        | BR | 15 |
| Gym time          | BR | 4  |
| NYC Elite EAST    | BR | 9  |
| NYC Elite TRIBECA | BR | 16 |
| Springers         | BR | 10 |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Sunday, January 26, 2025           |       |            | Session: 15   | Open Warmup 8:00 AM               | March In 8:20 AM |
| Session 15                         |       |            | # Gymnasts 46 | Timed Warmup                      | Awards           |
| _____ Flight A (46 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |

|                |    |    |
|----------------|----|----|
| GM GC CE       | DM | 8  |
| GM GC RP       | DM | 2  |
| GM GC SM       | DM | 11 |
| Gym time       | DM | 1  |
| Julies Gym     | DM | 4  |
| NYC Elite EAST | DM | 10 |
| NYC Elite WEST | DM | 10 |

|                                    |       |            |               |                                   |                   |
|------------------------------------|-------|------------|---------------|-----------------------------------|-------------------|
| Sunday, January 26, 2025           |       |            | Session: 16   | Open Warmup 10:55 AM              | March In 11:15 AM |
| Session 16                         |       |            | # Gymnasts 49 | Timed Warmup                      | Awards            |
| _____ Flight A (49 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                   |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts  |

|                   |    |    |
|-------------------|----|----|
| GM GC GC          | DM | 5  |
| GM GC HU          | DM | 12 |
| Gotham IGC        | DM | 9  |
| Hills             | DM | 13 |
| NYC Elite TRIBECA | DM | 4  |
| Springers         | DM | 6  |

|                                    |       |            |               |                                   |                  |
|------------------------------------|-------|------------|---------------|-----------------------------------|------------------|
| Sunday, January 26, 2025           |       |            | Session: 17   | Open Warmup 1:40 PM               | March In 2:00 PM |
| Session 17                         |       |            | # Gymnasts 37 | Timed Warmup                      | Awards           |
| _____ Flight A (37 gymnasts) _____ |       |            |               | _____ Flight B (0 gymnasts) _____ |                  |
| Gym                                | Level | # Gymnasts |               | Gym                               | Level # Gymnasts |

|                   |    |    |
|-------------------|----|----|
| GM GC HU          | SL | 10 |
| Gotham IGC        | SL | 8  |
| Julies Gym        | SL | 13 |
| NYC Elite EAST    | SL | 1  |
| NYC Elite TRIBECA | SL | 5  |

2025 Gold Medal Invitational

Session Summary

Jan 23-26, 2025

|                                    |       |            |               |  |                                   |       |                  |  |
|------------------------------------|-------|------------|---------------|--|-----------------------------------|-------|------------------|--|
| Sunday, January 26, 2025           |       |            | Session: 18   |  | Open Warmup 4:10 PM               |       | March In 4:30 PM |  |
| Session 18                         |       |            | # Gymnasts 37 |  | Timed Warmup                      |       | Awards           |  |
| _____ Flight A (37 gymnasts) _____ |       |            |               |  | _____ Flight B (0 gymnasts) _____ |       |                  |  |
| Gym                                | Level | # Gymnasts |               |  | Gym                               | Level | # Gymnasts       |  |
| GM GC CE                           | SL    | 5          |               |  |                                   |       |                  |  |
| GM GC GC                           | SL    | 7          |               |  |                                   |       |                  |  |
| GM GC SM                           | SL    | 5          |               |  |                                   |       |                  |  |
| Gym time                           | SL    | 3          |               |  |                                   |       |                  |  |
| Hills                              | SL    | 15         |               |  |                                   |       |                  |  |
| Springers                          | SL    | 2          |               |  |                                   |       |                  |  |

|                                    |       |            |               |  |                                   |       |                  |  |
|------------------------------------|-------|------------|---------------|--|-----------------------------------|-------|------------------|--|
| Sunday, January 26, 2025           |       |            | Session: 19   |  | Open Warmup 6:25 PM               |       | March In 6:45 PM |  |
| Session 19                         |       |            | # Gymnasts 41 |  | Timed Warmup                      |       | Awards           |  |
| _____ Flight A (41 gymnasts) _____ |       |            |               |  | _____ Flight B (0 gymnasts) _____ |       |                  |  |
| Gym                                | Level | # Gymnasts |               |  | Gym                               | Level | # Gymnasts       |  |
| GM GC CE                           | GD    | 12         |               |  |                                   |       |                  |  |
| GM GC HU                           | GD    | 9          |               |  |                                   |       |                  |  |
| GM GC SM                           | GD    | 2          |               |  |                                   |       |                  |  |
| Gotham IGC                         | GD    | 5          |               |  |                                   |       |                  |  |
| Gotham IGC                         | PL    | 1          |               |  |                                   |       |                  |  |
| Hills                              | GD    | 2          |               |  |                                   |       |                  |  |
| Julies Gym                         | GD    | 9          |               |  |                                   |       |                  |  |
| NYC Elite TRIBECA                  | GD    | 1          |               |  |                                   |       |                  |  |